

Of Dmitri Mendeleev, Strategy & Emergency Medicine

by Don Stader, MD, FACEP

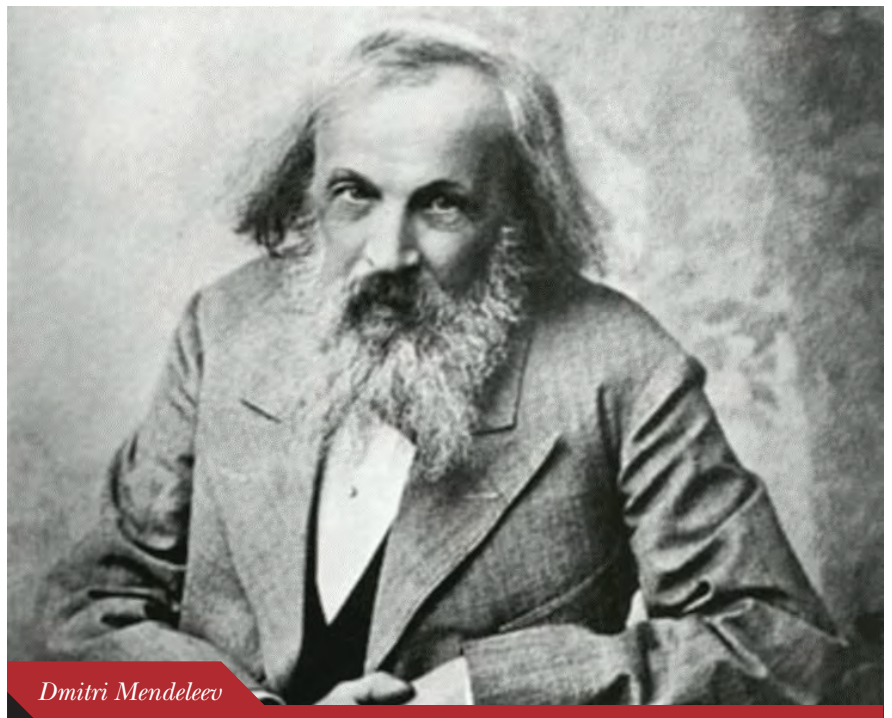
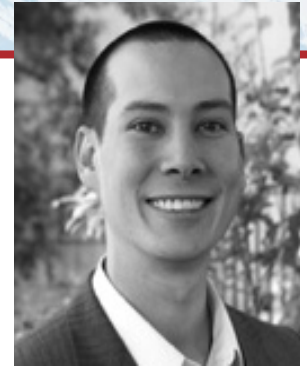
The United Nation's has officially declared 2019 as International Year of the Periodic Table of Chemical Elements. The declaration celebrates the 150th anniversary of when Dmitri Mendeleev created the iconic table, long loved by chemists and loathed by high school students.

Since its inception, the table has grown to over 18 groups (columns) and 7 periods (rows), representing 118 elements. While seemingly unrelated – the famed periodic table and our proud specialty share many similarities. The central genius of both comes from creating order and understanding from what was before chaotic. Mendeleev, guided by atomic numbers and chemical properties created a construct around which all elements were put in order.

Every day our emergency physicians, armed with their clinical acumen and tenacity provide care and affect the lives of thousands of patients. Just as Mendeleev's invention revolutionized the field of chemistry 150 years ago, so has ACEP and our specialty, changed the face of American healthcare.

In 2019, Colorado ACEP is undergoing its latest round of reorganizing in the form of

strategic planning. Our goal: to better serve our patients and members. With that in mind, we are adopting a new committee & priority structure. In honor of Mendeleev, it is our pleasure to share these new committees with you in chart form and to extend you an invitation: Please join a committee! Help improve and advance emergency care



Dmitri Mendeleev

continued on page 2

INSIDE:

Colorado ACEP Annual Meeting pg 3
Legislative News pg 4
New Advocate: Dan Jablan pg 5

Colorado ACEP Calendar pg 5
Member Spotlight: Linsey Sandoval, MD . . . pg 6
News from ACEP pg 7

EPIC



COLORADO CHAPTER
**American College of
Emergency Physicians**
ADVANCING EMERGENCY CARE

“The mission of the Colorado Chapter, American College of Emergency Physicians is to serve as the primary organization in the State of Colorado representing the specialty of Emergency Medicine, promoting the interests and values of emergency physicians and patients by giving physicians the tools to support the highest quality of emergency medical care.”

OFFICERS

Donald Stader, MD, FACEP – President
Nathaniel Hibbs, DO, MS, FACEP –
President-Elect
Christopher Johnston, MD, FACEP –
Secretary/Treasurer
Kevin McGarvey, MD – Immediate Past President

BOARD OF DIRECTORS

Anna Engeln, MD
Rannik Dhaliwal, MD, JD
Caleb Hernandez, MD, FACEP
Dylan Luyten, MD, FACEP
Eric Olsen, MD, FACEP
Erik Verzemnieks, MD
Dave Ross, DO, FACEP
Alliston Trop, MD
Pramod Vangeti, MD, FACEP
Sasha Kaiser, MD
Matt Mendes, MD
Tom McNally, PA-C

RESIDENT REPRESENTATIVE

Matt Mendes, MD
Sasha Kaiser, MD

CO ACEP LEADERSHIP FELLOW

Allison Trop, MD

EXECUTIVE DIRECTOR

Barb Burgess

CHAPTER OFFICE

Colorado ACEP
10465 Melody Drive #101
Northglenn, CO 80234
Phone: 303-255-2715
Fax: 303-255-2704
Email: bburgess@estreet.com

continued from page 1

and community in our state. If you're interested email me (Donald.stader@gmail.com) & our amazing executive director Barb Burgess (barbacep@gmail.com)

COMMITTEE STRATEGIC GOAL 2019 OBJECTIVES / OPPORTUNITIES

EDUCATION
To provide excellent, relevant medical education to COACEP members.
This year we are proud to host ACEP19. We hope to develop a robust social and educational program around this meeting. We also hope to continue to find new educational outlets for our members outside of our annual educational meeting.
Your Opportunity: Help improve and define Emergency Medicine Education here in Colorado, plan and possibly teach at events.

LEGISLATIVE
To advocate for laws that protect and promote the interests of emergency physicians and our patients.
This year is going to be a very important year for our legislative efforts. There are many laws that affect emergency physicians that are being put forth by the legislature including laws on mandatory e-prescribing, balanced billing, cost transparency, malpractice and liability caps, opioids and more! To prepare CO-ACEP has hired an additional legislative lobbyist to our team and recruiting new members from within and outside the board to serve on our Legislative Committee.
Your Opportunity: Help advocate for Emergency Physicians and patients at the capital, help define laws & regulation and gain insights to the legislative process in our state.

PRACTICE
To create and disseminate policies, guidelines or resources that help advance the practice of emergency medicine in Colorado and the nation.
Colorado ACEP's 2017 Opioid Prescribing & Treatment Guidelines helped transform emergency care across Colorado and have been adopted in hospitals and health systems across the country. Colorado leads the nation in adoption of ALTO practices and continues to be an innovator and leader in this space through our unique collaboration with the Colorado Hospital Association. Our Opioid Task Force will continue its work with a priority of rolling out more resources around Medication Assisted Treatment for Opioid Use Disorder. We are investigating the formation of a Mental Health Task Force to better address issues with the care of this vulnerable patient population.
Your Opportunity: Help innovate and redefine EM practice! If you're passionate about the opioid or mental health crisis then it's a great time to join this committee! If you're passionate about any topic that could improve ED care and operations join and share your expertise.

MEMBERSHIP
To grow Colorado ACEP and continuously improve member value and service.
Colorado ACEP deeply values its members and seeks to continuously improve its products, service and value. This committee interfaces with membership to define and direct how COACEP can improve its service to members and helps Colorado ACEP grow and connect with new members.

Your Opportunity: Help to define COACEP's membership priorities and interface with members across the state. Work with our other committees to improve the care of our patients and our physicians.

On behalf of all of us on the Colorado ACEP board, we thank you for your membership and look forward to a productive and fruitful 2019, spent in the service of our members and our patients. **E**

Colorado ACEP Annual Meeting

Colorado ACEP was honored to have Representative Kyle Mullica speak about the upcoming legislative session and answer questions on upcoming legislation.

Suzanne Hamilton and Dan Jablan reported on What to Expect during the 2019 Legislative Session.



Congratulations to Colorado ACEP Award recipients:

- Legacy Award **Lee Shockley, MD, FACEP**
- Meritorious Service Award **David Friedenson, MD, FACEP**
- John Marx Education Award **Gannon Sungar, DO**

The 2019 Colorado ACEP Board

Executive Officers:

- President** - Don Stader, MD, FACEP donald.stader@gmail.com
- President Elect** - Nathaniel Hibbs, DO, MS, FACEP hibbsn@usacs.com
- Sec Treasurer** - Christopher Johnston, MD, FACEP johnstonc@usacs.com
- Past President** - Kevin McGarvey, MD kevin@hippohealth.com

Board of Directors:

- Anna Engeln, MD a_engeln@yahoo.com
- Ramnik Dhaliwal, MD, JD ramgwu05@gmail.com
- Caleb Hernandez, MD, FACEP caleb.hernandez@yahoo.com
- Dylan Luyten, MD, FACEP dluyten@carepointhc.com
- Eric Olsen, MD, FACEP ericolsencoacep@gmail.com
- Erik Verzemnieks, MD erik.verzemnieks@gmail.com
- Dave Ross, DO, FACEP drdr0682@aol.com
- Allison Trop, MD allisontrop212@gmail.com
- Pramod Vangeti, MD, FACEP pvangeti@gmail.com
- Sasha Kaiser, MD (Resident Rep) sasha.kaiser@denverem.org
- Matt Mendes, MD (Resident Rep) matt.mendes@denverem.org
- Tom McNally, PA-C (PA Rep) tmcnally28@gmail.com

SECURE YOUR BELT

Low and Tight Across Your Lap

By Suzanne Hamilton



No kidding. It's going to be that kind of year for health care at the legislature. With an anticipated 700 bills introduced into this 2019 Legislative Session, a full 300 are expected to relate to the delivery of health care in Colorado. Bills will touch on everything from the licensure of physicians and professional review committees through the wide gamut of all things health insurance.

The Colorado Medical Practice Act is up for its Sunset Review and has been heard in the Senate Judiciary Committee. Senators Joann Ginal and Pete Lee will sponsor the bill aimed at continuing the licensure of physicians in Colorado. While the bill itself is necessary and does not run a great risk of being killed by the legislature, there are enumerable amendments that could be added to the bill that could cause great challenges to physicians practicing in Colorado. We have the utmost confidence in our bill sponsors and will work diligently on securing the passage of a patient safety centered Medical Practice Act.

The law allowing for the functioning of Professional Review Committees is also up for its Sunset Review. Fortunately, the Department of Regulatory Agencies, after a thorough review of the current statute, has put forth a favorable continuation recommendation. While we are awaiting the initial scheduling of the review, we are hard at work to ensure that professional review committees can continue to operate with patient and system safety at the forefront.

On the issue of health insurance, there will be a variety of bills. There are already several that address a "public option" for health insurance allowing for Coloradans to buy into the Medicaid system. There are two competing bills attempting to

address the highly publicized "surprise bills" issue. We are doing our best to educate the legislature that the "surprise" in surprise bills are that the health insurance companies are not fulfilling their role as prescribed by current statute. To the extent that out-of-network care is provided, both bills attempting to enhance patient disclosures as to their rights under Colorado law and protecting against alleged excessive charges.

Dave Downs, MD past-president of the Colorado Medical Society notes the variances of the two bills. "The two bills differ in several fundamental ways. HB19-1174 (Representative Esgar) sets a minimum payment standard for OON physicians that will demonstrably allow commercial insurance companies with already disproportionate leverage over physicians to renegotiate physician in-network rates downward and pocket the difference (except for Kaiser Permanente given its unique relationship with Colorado Permanente Medical Group). HB19-1174 contemplates voluntary negotiations to resolve remaining OON physician payment disputes whereas SB19-134 (Senators Fields and Tate) establishes a process for "baseball arbitration" if voluntary negotiations are unsuccessful when OON physicians believe additional payment is warranted due to particular circumstances."

We are diligently working to find a compromise between the two competing bills, at the bill sponsors request. It is imperative that patients are kept out of the middle of the consequences of narrowing networks while maintaining physician leverage to negotiate reasonable contracts within a consolidated market of health plans.

Stay tuned, sit tight and secure your seat belt low and tight across your lap. **E**

It is imperative that patients are kept out of the middle of the consequences of narrowing networks while maintaining physician leverage to negotiate reasonable contracts within a consolidated market of health plans.

Meet Dan Jablan, Your Newest Advocate

By Suzanne Hamilton

Your Colorado ACEP Board of Directors has retained an additional lobbyist with the heavy workload this legislative session has in store for medicine. Dan Jablan is our newest member of the ACEP lobby team. He is the principal and founder of Cherry Point Strategies. Mr. Jablan is a veteran lobbyist at the Colorado Capitol. Mr. Jablan has more than 19 years of government relations and grassroots experience.

Prior to starting Cherry Point Strategies Mr. Jablan was the in-house lobbyist for Farmers Insurance in Colorado and New Mexico. While working at Farmers Insurance, Mr. Jablan grew the largest political action committee in the insurance industry in Colorado, and one of the top

three business political action committees in the state of Colorado. In addition, Mr. Jablan won numerous awards with Farmers Insurance, including Government Affairs Manager of the year, and Grass Roots Manager of the year multiple times. Mr. Jablan was the President and legislative liaison for the Rocky Mountain Insurance and served on the Colorado Guarantee fund board.

Mr. Jablan's expertise lies in working with party leadership in both chambers as well as key legislators. Mr. Jablan has a Bachelor of Science degree in Business and Literature (Dual Emphasis) from University of Alabama and a Master of Liberal Studies in Political Science from Fort Hays State University. **E**



**JOIN
US
FOR
THE**

ACEP19 Scientific Assembly

Denver, CO • October 27-30, 2019

Registration Opens June 3, 2019



Colorado ACEP Calendar

COACEP Membership Meeting Dates

Mar. 20, 2019
May 15, 2019
July 17, 2019
Sept. 18, 2019
Nov. 20, 2019

All meetings begin at 12 noon and are held at CMS/COPIIC office located at 7351 E. Lowry Blvd.

Legislative Conference Calls:

Every Tues. during the Legislative Session
Time: 12 noon – 12:30
Conference call in number is 712-432-0800 -
Access Code is 208589#

ACEP Leadership & Advocacy Conference

May 5-8, 2019 – Washington, DC
Register at acep.org/lac or **CLICK HERE**

ACEP Scientific Assembly –
October 27-30, 2019 – Denver, CO

Linsey Sandoval, MD



Why did you choose to practice where you do?

Although I grew up in San Diego and do love the beach, I have come to love the mountains more. Colorado Springs is a big city with amazing trail access. I knew I wanted to live in a big enough city where I would have choices, but be close enough to run through pine trees an hour before work. The city is big enough to have plenty of patient variety as well. The small group I work for is personable. I feel valued, supported, and I can contribute

ideas to make our emergency departments better, even as one of the newest physicians hired.

Favorite part of emergency medicine?

It is something I get to do with my husband! My husband and I did residency together in Arizona, and I love that we get to compare thoughts on challenging cases, be each other's sounding board, and can even switch a shift last minute when our kids need some extra mom time.

Hobbies outside of medicine?

I like to say emergency medicine is my hobby, but being a mom and making sure I raise caring, loving and kind children is my real job. I do love to be

outside and to move! I run regularly and run for one of the brewery teams in the Springs.

Favorite place to visit in Colorado?

Being new to the state, there is still so much to explore! So far, Maroon Bells in the fall has been one of the prettiest hikes I've ever taken.

Anything else you would like us to know about you? Or interesting fact about yourself.

Most people think my husband and I met in medical school or residency since we both are emergency medicine physicians now. Really, we met when he was 19 and I was 20 at a triathlon. We have gone through the process together. He started medical school years before me, so I've been several rolls in this process from supportive spouse, Dr. Mom, and Dr. Mrs. Sandoval. After one of my rotations ended as a medical student, I got on a plane at 39 weeks pregnant to fly to Houston where my husband was doing his first residency in med-peds. He did not get paternity leave as a resident, and we wanted to be together to have our first baby. Luckily there was no baby at 30,000 feet!

Medicine can act like this pursuit of a career as a physician is the center of the universe, and we have spouses who are just here at our whim. Obviously, I know medicine is demanding and time consuming. One of the toughest jobs I've had though is being a spouse of someone going through this process. It has helped me value my spouse more and my larger support network, as well as foster my efforts to promote physician wellness as a member of the physician wellness committee at my hospital now. **E**

Where did you train?

I'm touring the West!

Bachelors: University of California, Davis

Medical School: University of New Mexico

Residency: University of Arizona

Where do you practice in Colorado?

I joined EMS PC, a group in Colorado Springs, which staffs several emergency departments in Colorado Springs. The group staffs Memorial Central, a level 1 trauma center with >100,000 visits per year, two community hospitals in Colorado Springs, four free standing EDs in the Springs area, and Pike's Peak Regional Hospital - a critical access hospital in Woodland Park.

New or Revised ACEP Publications

During their January 2019 meeting, the ACEP Board of Directors approved the following new or revised policy statements/PREP/information paper:

New Policy Statements:

- **Autonomous Self-Driving Vehicles**
- **Reporting of Vaccine Related Adverse Events**

Revised Policy Resource and Education Paper (PREP)

- **Military Emergency Medical Services**

New Information Paper:

- **Suicide Contagion in Adolescents: The Role of the Emergency Department**

Revised Policy Statements:

- **Advertising & Publicity of Emergency Medical Care**
- **Economic Credentialing**
- **Emergency Physician Stewardship of Finite Resources**
- **Medical Services Coding**
- **Patient Information Systems**
- **Providing Telephone Advice from the ED**



Bedside Tools

ACEP has a number of web-based tools for you to use at the bedside. From sepsis, to acute pain to agitation in the elderly – we've got you covered!

ADEPT - Confusion and Agitation in the Elderly ED Patient

ICAR2E - A tool for managing suicidal patients in the ED

DART - A tool to guide the early recognition and treatment of sepsis and septic shock

MAP - Managing Acute Pain in the ED

BEAM - Bariatric Examination, Assessment, and Management in the Emergency Department. For the patient with potential complications after bariatric surgery

Unscheduled Procedural Sedation:

A Multidisciplinary Consensus Practice Guideline

The new ACEP policy statement, Unscheduled Procedural Sedation: A Multidisciplinary Consensus Practice Guideline, was approved by the Board in September 2018 and has been endorsed by several other organizations. Read the final version of the policy [HERE](#).

Help Us Improve Care for Patients with Opioid Use Disorder

Win an Amazon Gift Card!

On many shifts we see patients whose lives have been negatively impacted by the opioid crisis. Some have overdosed, some have abscesses, and others are requesting opioid pain medications in the ED yet again. We do a great job of treating their acute issue, knowing their addiction will make a repeat visit inevitable. These are the names we recognize as soon as we pick up the chart; the PDMP's we've checked multiple times before. We're hoping you can help us develop some options.



The Colorado Office of Behavioral Health and the emergency departments at the University of Colorado and Saint Anthony's North are piloting initiation of medication assisted therapy (MAT) in our EDs.

Ultimately, we're hoping this improves patient outcomes as well as the patient and the provider experience. There's a lot of discussion about what tools and incentives we need to make such systems work.

Please scan code or [CLICK HERE](#) to participate in our quick survey.

It's completely voluntary and any Colorado ED provider can take this anonymous survey to see how they feel about ED buprenorphine (commonly called Suboxone) and what tools they need to improve care for patients with opioid use disorder. Respondents will be entered to win a \$100 Amazon gift card.

COMIRB# 19-0088 PI: Matthew Zuckerman Study Title: Attitudes to Emergency Department Medication Assisted Therapy matthew.zuckerman@ucdenver.edu **E**